

Get comfortable talking to your doctor about Virtual Colonoscopy (CTC)

It may be difficult to have a conversation with your doctor about a Virtual Colonoscopy because your doctor may not be very familiar with it. The points below summarize some of facts that could help you make your case.

It is important to note, the best screening test is the one you actually get.



Recognized:

Virtual Colonoscopy is a valid screening option according to the American Cancer Society, the United States Preventative Services Task Force, and the US Multi-Society Task Force (MSTF) on Colorectal Cancer¹⁻³



Covered:

Virtual Colonoscopy is covered by most insurance plans, including the 5 largest private payers



Accurate:

Virtual Colonoscopy detects precancerous polyps at rates comparable to a traditional colonoscopy and at a much higher rate than a take-home stool kit^{4,5}



Accessible:

There are numerous locations to have a Virtual Colonoscopy across the US



It's important to get screened early and regularly, so if a Virtual Colonoscopy is your choice, let your doctor know. And if your doctor needs more information about Virtual Colonoscopy, refer to the references below:

References:

1. American Cancer Society. Colorectal Screening Tests. Published October 25, 2023.
link [<https://www.cancer.org/cancer/types/colon-rectal-cancer/detection-diagnosis-staging/screening-tests-used.html>]
2. United States Preventative Services Task Force. Colorectal Cancer: Screening. Published October 25, 2023.
link [<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/colorectal-cancer-screening>]
3. Rex DK, Boland CR, Dominitz JA, et al. Colorectal cancer screening: recommendations for physicians and patients from the US multi-society task force on colorectal cancer. *Am J Gastroenterol*. 2017;112(7):1016-1030.
4. Lin JS, Piper MA, Perdue LA, et al. Screening for colorectal cancer: Updated evidence report and systematic review for the US preventative services task force. *JAMA*. 2016;315(23):2576-2594.
5. Imperiale TF, Ransohoff DF, Itzkowitz SH, et al. Multitarget stool DNA testing for colorectal-cancer screening. *N Engl Med*. 2014;370:1287-1297.